



Primary Outreach Alternative Provision

My name is Celestine, and I've had the privilege of being part of the Foundry family for ten years.

I first joined Foundry through a secondment focused on behaviour support, working across both primary and secondary settings. I have now stepped into the role of Outreach Alternative Provision Coordinator, an opportunity that allows me to bring together my experience and passion for supporting pupils in more personalised ways.

I'm committed to creating engaging, meaningful activities that meet the individual needs of students in an alternative provision setting. I believe that every child, no matter their challenges, deserves to feel supported, valued, and given every opportunity to succeed.

I work to source and deliver creative, tailored programmes, from therapeutic activities to outdoor learning experiences. Collaboration is a key part of my approach; I work closely with teachers, SEN professionals, and activity coaches to ensure each programme is designed to support student's emotional, social, and behavioural development.

I am particularly passionate about using equine therapy and physical activity as powerful tools to engage students who may struggle in traditional classroom settings. These approaches offer unique, hands-on opportunities for pupils to build trust, confidence, communication, and self-regulation skills in a non-judgmental and calming environment.

Every child deserves the chance to thrive in an environment that recognises and nurtures their individuality, and I'm proud to be part of a team that makes that possible.

BUILD TO LEARN



SESSION INFORMATION

Build to Learn provides fun and engaging brick building sessions, using LEGO elements. Every session is carefully storyboarded to create an **immersive experience** for the pupils to build along to.

Each session commences with an engaging story and presentation that is linked to a chosen topic. Pupils are then provided with building challenges that are linked to the story; for example, **All about me, Inventive Inventions, Mammals and their habitats and Artemis Mission**.

During the session there are no formal design instructions to follow, **promoting imagination** and **creativity**. **Positive re-enforcement** is given throughout in the form of ideas and suggestions from the activity lead.

Build to Learn is a **fun environment** that challenges pupils to **push the boundaries** of their **creativity** and adopt a **free range** way of thinking.

LEARNING OUTCOMES

- Positive reinforcement
- Team work
- Learning through play
- Imagination/Innovation
- Hand/eye co-ordination
- Lateral thinking development

Outreach Alternative Provision



All outreach referrals to be made via the Foundry College website:

www.foundry.wokingham.sch.uk

BOULDERING/CLIMBING



SESSION INFORMATION

Climbing is way more than just a fun thing to try. Done regularly it has **huge health benefits**, including increased strength, muscle building, improved cardio, flexibility, and mental well-being.

Indoor rock climbing and bouldering **positively impact mental health** through the strategic approach to challenges and problem-solving.

Climbing is a dynamic exercise that combines strength, cardio, and risk management. It is often described as **solving a puzzle with your body**, requiring strategic thinking, adaptation, and pushing yourself to make a move even if you think you'll fall.

The challenges of climbing are unlimited. The variety not just in difficulty, but the types and degrees of walls, different holds, and body positions are almost infinite. It also doesn't get easier as you improve, the routes just get harder.

LEARNING OUTCOMES

- Team work and resilience
- Discipline and respect
- Physical/mental wellbeing
- Personal responsibility
- Dealing with conflict
- Managing emotions

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GYMNASTICS



SESSION INFORMATION

We are pleased to offer a gymnastics provision. The sessions will provide a safe, structured and supportive environment where pupils can take part in physical activity, learn new skills and experience success at their own pace. The emphasis will be on participation, encouragement and personal progress rather than competition.

Gymnastics is particularly helpful because it combines movement, routine, challenge and enjoyment as well as developing core physical skills such as balance, coordination, strength and spatial awareness. Pupils will practise listening, following instructions, taking turns, waiting safely, managing equipment and working within boundaries. These sessions will support children's resilience, mood, self-esteem and help to reduce anxiety.

LEARNING OUTCOMES

Promotes balance, coordination, strength and spatial awareness.

Listening skills, resilience, self esteem and reduces anxiety

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TRAMPOLINING



CORE SKILLS

Trampolining offers an engaging way to improve pupil's physical fitness and wellbeing. Adhering to stringent safety protocols, we can create a safe environment where learning and fun are maximised.

Beyond the physical benefits, trampolining also teaches valuable life skills, such as discipline, perseverance, goal-setting, and time management. These skills extend far beyond the trampoline and can positively impact student's wellbeing, performance and future success.

Sessions delivered by British Gymnastics Coaches and supported by Foundry Staff.

LEARNING OUTCOMES

- Improving coordination
- Improving balance
- Developing social skills
- Encouraging teamwork
- Improving flexibility
- Developing gross motor skills

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EQUINE ASSISTED THERAPY



SESSION OUTCOMES

In equine assisted therapy (EAT), pupils are offered 'safe' (physical and emotional) experiences through interactions with horses. Pupils build responsibility, trust and empathy, and experience behavioural improvements.

In addition, EAT encourages patience, perseverance, and emotional healing, offering a holistic approach to support a pupil's emotional, social, and physical development.

What does an EAT session look like?

- Observation of horses
- Meeting with horses at liberty
- Option to ride the horses with support
- Lead-line experiences
- Including touching, grooming and leading
- Liberty leading (leading horses without a lead rope)
- Creative activities with horses

Sessions delivered by Santolina Stables, Wokingham.

SESSION BENEFITS

- Emotional awareness
- Emotional regulation
- Boundary setting
- Benefits of mindfulness
- Increased attention
- Meaningful connection

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